







# FACIAL COLLECTION

By Biologique Recherche



## Mini Care Facial

### Petit Soin

Perfect for "on the go" guests who are in need of complexion refresher, this express treatment will leave your skin glowing and rejuvenated.

**300 AED**  
*30 min*

## So Fragile

### Soin Biosensible

A treatment to stabilize particularly sensitive and fragile skin Instants. It has soothing effect on the skin, strengthens and restructures the epidermis. This treatments is ideal to rebalance the skin post aesthetic procedures such as Laser, IPL and Mesotherapy.

**550/700 AED**  
*60/90 min*

## In Need For Balance

### Soin Sebo-Reequilibrant

A purifying treatment that regulates sebaceous secretions and is ideal for congested or acne-prone Skin Instants. This detoxifying treatment tightens your pores, leaving your face, neck and chest purified. Recommended four sessions at one-week intervals, followed by one session, once a month.

**550/700 AED**  
*60/90 min*

## Ultimate Lift

### Soin Lotion MC 110

A treatment for reducing wrinkles and fine lines. It is ideal for Skin Instants© with duller complexions. This treatment penetrates and revives deep layers of the skin, leaving it toned, plumped and positively glowing.

**650/800 AED**  
*60/90 min*

## Simply Plumped

### Soin Resstructurant Et Lissant

Unique smoothing and regenerating treatment for the epidermis with an immediate plumping effect. Especially beneficial for dehydrated and sensitive skin types. Rich in Hyaluronic Acid and Natural Amino Acids, this facial will restore and bring out a glowing complexion.

**750/900 AED**  
*60/90 min*

## Total Love and Care

### Soin Lift C.V.S

An exfoliating treatment combined with skilful face contouring techniques. Designed for normal and thick Skin Instants© which are devitalised. This complete skin care ritual will mechanically exfoliate, smooth/refine skin texture, tighten the pores and firm the skin.

**750/900 AED**  
*60/90 min*



## Instant Glow

850/1050 AED  
60/90 min

Soin Oxygenant Booster VIP O2

This skin brightening and anti-pollution ritual features a perfect combination of micro-exfoliation and oxygenation of the epidermis. A combination of the mini glove and Booster VIPO2 complex, a wonderful movement is skillfully created to intensify hydrate and soften the skin. This treatment leaves the skin healthy, revitalized and regenerated.

## Renew Me

850/1050 AED  
60/90 min

Soin Masque Exfoliant P50 Visage

An exfoliating and regenerating treatment for keratinised Skin Instants© and skin with an irregular micro-profile. Visibly helps to reduce bumps and skin irregularities. This treatment prevent premature ageing and brightens the complexion.

## The Perfect Pearly Glow

PARU SIGNATURE

1050 AED  
120 min

Soin Eclatant

A complexion-evening treatment to prevent and reduce the appearance of dark spots, designed for all Skin Instants© with pigmentation irregularities. It gives your skin a uniform tone, leaving your face, neck and chest even brighter glowing like a real pearl. Complemented with the Lipp Kiss and relaxing face, neck and shoulder massage will bring your skin to life.

## Brows & Eyelashes

Brow Tint	30 min	110
Brow Lamination	60 min	200
Lash Lifting	60 min	250
Lash Curl	90 min	250



# LUXURY MASK BAR BY KNESKO

Face Mask/Eye Mask/Lip Mask

## Black Pearl Detox Collection

225/110/80 AED

Detoxifying-Purifying-Hydrating-Balancing-Anti-inflammatory-Exfoliating-Age-defying  
As long as needed

## Rose Quartz Antioxidant Collection

225/110/80 AED

Calming-Protecting-Soothing-Brightening-Hydrating-Healing-Age defying-Nourishing  
As long as needed

## Diamond Radiance Collection

250/120/90 AED

Brightening-Anti-aging-Radiance boosting-Hydrating-Entergizing-Exfoliating-Less Dullness-Less Dark  
Circles-Less Discoloration  
As long as needed

## Nanogold Repair Collection

250/120/90 AED

Repairing-Ant-aging-Firming-Plumping-Depuffing-Hydrating-Calming-Soothing  
As long as needed





# BODY COLLECTION

Therapy by Bellabaci



# BELLABACI EXPRESS

## Express Head Massage

Express Hand Massage using Bellabaci oil of choice.

**200 AED**  
*20 min*

## Head, neck & shoulders Massage

Express Head, neck & shoulders using Bellabaci oil of choice.

**250 AED**  
*30 min*

## Back Massage

Express Back Massage using Bellabaci oil of choice.

**300 AED**  
*30 min*

## Repair & Lift face Massage

REJUVENATING - FIRMING - NOURISHING

Ultimate cure for skin that features a unique blend of Rosehip, Neroli and Argan to nourish and strengthen the skin whilst boosting collagen production. Perfect for mature, dry and dehydrated skin types.

**360 AED**  
*30 min*

## Stretch Mark treatment

REGENERATING - TONING - STIMULATING

Natural and effective blend with argan oil, rosehip and silica to restore and gradually improve skin tone and appearance. Excellent to promote circulation, stimulate collagen whilst visibly reducing stretch marks.

**360 AED**  
*30 min*

# JAPANESE INSPIRED

## Shiatsu Massage

This essential massage technique is originated from Japan and rely solely on the use of finger pressure to certain points on the body, rocking movements, stretches, and joint rotations to re-energize the body. This form of massage is about the body as a whole instead of just focusing on one area. Dry massage.

**540 AED**  
*60 min*

## Onnetsu Theraphy

Onnetsu is Japanese Therapy, an autoimmune health care method that warms up the body using heat through physical stimulation which in turn helps blood circulation to prevent disease and illness. Using Bellabaci Circuflow oil with homeopathic and essential oil blends.

**540 AED**  
*60 min*

## Kobido Massage

Kobido massage is a Japanese technique combining massage and aesthetic care. It is a stimulating massage of the face and neck, known for its rejuvenating effect. Using Bellabaci Skin Get a Life Oil, with homeopathic and essential oil blends.

**540 AED**  
*60 min*



# FROM AROUND THE WORLD

## Swedish Massage

This type of massage originated in Sweden. It involves long, kneading strokes combined with rhythmic tapping strokes and movement of the joints. This type of massage targets the uppermost layer.

**500 AED**  
*60 min*

## Balinese Massage

Balinese massage was developed in the Indonesian province of Bali. Balinese massage techniques include acupressure, skin rolling and flicking, firm and gentle stroking, percussion, and application of essential oils.

**500 AED**  
*60 min*

## Chakra Balancing Healing

Chakra Balancing is a form of energy healing that focuses on channelling energy into the seven chakras. When we talk about treating chakras we are referring to treating your energetic body. The body is not only made up of the physical body, we have an energy that extends beyond our physical wellbeing.

**500 AED**  
*60 min*

## Lymphatic Massage

Lymphatic drainage massage relieves swelling that happens when medical treatment or illness blocks your lymphatic system.

**500 AED**  
*60 min*

## Brazilian Slimming

Brazilian Body Slimming is a non-surgical procedure focuses on tightening and toning the body, breaks up fat and reshapes the body.

**600 AED**  
*60 min*



# CUPPING BY BELLABACI

## Stress No More

DESTRESS – UPLIFTING – BALANCE

Feel your best inside out with Stress No More genie, a beautiful blend of Ylang Ylang, Jasmine and Chamomile. A relaxing full body therapy carefully designed to relieve tension, calm emotional upsets and busy minds.

*Upgrade to 90 minutes to include Insomnia Cupping placement*

600 AED  
60 min

690 AED

## Body Mechanic

RELIEVES PAIN AND INFLAMATION – HEALING – SOOTHING

This full body massage features Hello Body Mechanic genie a homeopathic blend of hand-selected plant oils to help restore vitality with muscle-comforting ingredients, including arnica, black cumin and eucalyptus leaf.

*Upgrade to 90 minutes to include Muscle Spasm and Headache/Migraine cupping placement*

600 AED  
60 min

690 AED

## Skin Get a Life

ANTI OXIDANT – NOURISHING – SKIN RENEWAL

Rich in Argan oil, Neroli and rosehip the Skin Get a Life genie offers a blend of organic essential oils and energetic synergies with regenerative and nourishing properties that will leave your skin silky-soft.

*Upgrade to 90 minutes to include Repair & Face lift Massage*

600 AED  
60 min

690 AED

## In Need of Revival

OXYGENATING – ENERGIZING – REVIVING

Circuflow genie, a classic infusion of cedarwood and bergamot to stimulate body's natural systems to fight water retention. Suitable for body and face to combat tired legs, overall fluid retention, perfect to boost lymphatic and blood circulation.

*Upgrade to 90 minutes to include Sinus & Congestion Relief and Eye Bag Removal*

600 AED  
60 min

690 AED

## Cellulite Be Gone

DETOX – CLEANSE - PURIFY

The perfect combination of the right blends Orange Peel, Buchu Leaf and Coriander will help give you say goodbye to cellulite whilst supporting detoxification of the body by activating and stimulating the lymphatic system.

490 AED  
45 min





# NAIL CARE

Manicure, Pedicure, Nails & More



# MANICURE & PEDICURE BLISS BY ORLY

## Express Manicure

In a rush, but still need a quick way to de-stress?  
The Express Manicure is perfect. Featuring essential techniques in a condensed service that doesn't sacrifice on a premiere experience.

**135 AED**  
*30 min*

## Express Pedicure

Quick, effective and oh-so relaxing.  
This Pedicure provides premiere experience without increasing service time.

**145 AED**  
*30 min*

## Express Combo

**260 AED**

## Signature Manicure

The "can't live without" Orly Spa Signature Manicure service.  
You will experience the quintessential Orly Spa products combined with a relaxing massage and acupressure.  
This signature experience puts the "Ahhh" back in Spa

**180 AED**  
*60 min*

## Signature Pedicure

Experience a new standard in pedicure services.  
The Signature Pedicure includes Orly Spa products to soak, exfoliate and smooth callused feet. The service is completed with a regimen of massage and acupressure techniques to reduce stress and relieve tension.

**190 AED**  
*60 min*

## Signature Combo

**350 AED**



# MANICURE & PEDICURE BLISS BY ORLY

## Pamper Me Manicure

225 AED  
75 min

Soothe, relax and indulge with the ultimate Orly Spa Pamper Manicure. The crème de la crème of manicures, you will benefit from unparalleled exfoliation, moisture & protection, while reveling in a combination of massage techniques and acupressure designed to reduce stress and relieve tension.

## Pamper Me Pedicure

235 AED  
75 min

Soothe, relax and pamper with the ultimate pedicure experience. The Orly Pamper Pedicure includes unparalleled callus softening, exfoliation and moisture & protection. An extended massage combined with acupressure to reduce stress, relieve tension will leave you feeling relaxed and renewed.

## Pamper Me Combo

440 AED

## Gelish/Breathable

Manicure  
Pedicure  
Combo

180 AED  
190 AED  
370 AED



## Most Wanted

Russian Manicure	60 min	135 AED
Russian Manicure Gel	75 min	180 AED
Russian Pedicure	75 min	200 AED
Russian Pedicure Gel	90 min	210 AED

## Add Touch of Luxury

Nail Art/Nail		25 AED
Nail Builder/Strengthener		30 AED
Hermes Luxury Nail Polish		90 AED

## Nail Extension & Overlay By Entity

Nail repair (per nail)	30 min	35 AED
Refill	90 min	180 AED
Nails Overlay	90 min	225 AED
Polygel	120 min	420 AED
Acrylic	120 min	420 AED

## Foot Spa

Callus remover	30 min	75 AED
Hydrating Mask Treatment	20 min	75 AED
Paraffin Feet Treatment	30 min	120 AED
Foot Massage Treatment	30 min	130 AED

## Hand Spa

Hydrating Mask Treatment	20 min	75 AED
Hand Massage Treatment	30 min	120 AED
Paraffin Hand Treatment	30 min	120 AED

## Little Maintenance

Soak-off Gel Polish (Repeat Time)	20 min	30 AED
Soak-off Gel Polish (1st Time)	20 min	45 AED



# HAIR CARE

By Goldwell Kerasilk  
& By Kevin Murphy





## By Goldwell Kerasilk

		Short/Medium/Long
Kerasilk CONTROL Treatment For unmanageable, unruly and frizzy hair	30 min	150/200/250 AED
Kerasilk Reconstruct For stressed and damaged hair	30 min	150/200/250 AED
Kerasilk Reconstruct Intensive treatment For very stressed & damaged hair	30 min	150/200/250 AED
Kerasilk Color For brilliant color protection	30 min	150/200/250 AED
Kerasilk Repower Volum For Fine, limp hair	30 min	150/200/250 AED
Kerasilk Repower Anti-Hairloss For thinning, weak hair	30 min	150/200/250 AED
Kerasilk Control Keratin Treatment For unmanageable, unruly and frizzy hair	30 min	Starting 700 AED

## By Kevin Murphy

HYDRATE-ME KMX	30 min	150/200/250 AED
VOLUME KMX	30 min	150/200/250 AED
REJUVENATE KMX	30 min	150/200/250 AED
REPAIR KMX	30 min	150/200/250 AED
THICKENING KMX	30 min	150/200/250 AED
SCALP.SPA	30 min	150/200/250 AED

## By Nashi

		Short/Medium/Long
Hair Botox   Collagen Express Treatment Filler Therapy Express Treatment	30 min	120/170/220 AED
Hair Botox   Collagen Monthly Treatment Filler Therapy Monthly Treatment	30 min	150/200/250 AED



## Hair Coloring

Toner	230 AED
Roots	325 AED
Color	435/485/535 AED
Highlights	570/640/720 AED
Lowlights	570/640/720 AED

## Hair Cutting & Styling

Fringe Cut	80 AED
Wash & Blow	130/150/170 AED
Wash & Blow with Styling	180/200/250 AED
Haircut and Styling	350 AED
Half-do	Starting 300 AED
Full updo	Starting 400 AED





WAXING &  
THREADING



## Waxing By Depileve

Eyebrow	25 min	55 AED
Upper Lip	15 min	55 AED
Under Arm	15 min	75 AED
Half Arm	25 min	90 AED
Bikini Line	30 min	110 AED
Full Face	60 min	120 AED
Full Arm	45 min	120 AED
Half Leg	25 min	120 AED
Full Leg	45 min	145 AED
Brazillian	45 min	145 AED
Full Body (full legs, full arms, underarms)	90 min	340 AED

## Threading

Eyebrow	15 min	55 AED
Upper Lip	15 min	55 AED
Lower Lip	15 min	55 AED
Chin	15 min	55 AED
Full Face	60 min	250 AED



# GENTS' WELLNESS HAVEN

PARU for Men





## Paru for Men

Haircut	AED 150
Beard	AED 55
Face threading	AED 55

## Hair & Beard Color

Hair Color	AED 200
Beard color	AED 55

## Wax & Shave

Face Wax	AED 60
Wax Services	
Shaving Services with machine	AED 150

## Massage & Facial

Full body massage 60 minutes	60 min	AED 400
Full body massage 90 minutes	90 min	AED 500
Full Facial 60 minutes	60 min	AED 300

## Nail Spa

Manicure	AED 130
Pedicure	AED 160



## **Etiquette**

### **ENVIRONMENT**

Pāru Beauty Lounge is a place to restore your energy and relax. For your peace and privacy, we kindly ask you to use portable music players with earphones and keep mobile phones on silent mode. If you would like to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist.

### **ARRIVAL AND ETIQUETTE**

We recommend you arrive 15 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. To make any changes to your booking, please contact the Pāru Beauty Lounge on Telephone + 3111 502 56 971 or press operator from your room. Walk-in guests are welcome. Please note treatments are subject to availability. Credit card details or prepayment is required to guarantee treatment bookings. For customized bookings, an advance payment is required.

### **PERSONAL MATTERS**

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can better customize your experience to your needs.

### **THE ATTIRE**

You will receive a robe and slippers to wear between treatments. For your comfort, undergarments must be worn during treatments. We ask that you please leave jewelry and valuables in your hotel room.

### **GIFT VOUCHERS**

Gift vouchers for all Pāru Beauty Lounge services and packages are available for purchase. Please contact our Spa Experience Coordinators for further information.

### **MAKING SPA APPOINTMENTS**

Spa Experience Coordinators will help to select treatments that fulfil your personal requirements. Pāru Beauty Lounge is located on the 12th floor of the hotel. Advanced reservations are recommended to ensure availability.

### **SPA CANCELLATION POLICY**

If you wish to reschedule or cancel any spa appointment, please notify the Team four hours in advance. Cancellation or rescheduling of a package requires six hours' notice. Missed appointments without proper notice are subject to a %100 charge for reserved services.

### **TAXES AND SERVICE CHARGES**

For your convenience, Municipality fees, Service charge and VAT will be added to the treatment price.

### **HOURS OF OPERATION**

Opening Hours: 10:00 AM to 08:00 PM daily;

### **CHILDREN**

In line with health & safety requirements children under the age of 10 years are not permitted in the Pāru Beauty Lounge.

We are not recommending you book treatments for your children. Should you feel comfortable, children between the ages of 12 and 15 years need to be accompanied by an adult guardian and a parental waiver of liability must be completed for guests for the appropriate treatments only.